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International Day of Democracy

15 September 2013

Democracy contest – share your voice!

Win 5 Kindles loaded with e-books about democracy.

What have you done to make your voice heard? How are you involved in politics or civic life at the local level? Have you formed a campaign group? Do you represent your co-workers? Are you involved in student politics? Are you a voluntary member of your local council?

Tell us what you do, what you've achieved. Nominate yourself or nominate someone else.

The International Day of Democracy (www.ipu.org/idd) is 15 September, and this year's theme is "Strengthening Voices for Democracy". The direct participation of citizens in political life is essential to the democratic system. We would like to know your personal experience that can inspire other people to take action and make their voice heard.

How to enter

Tell us one thing you (or a friend or a member of your community), have done to make your voice heard

You can tell the story any way you like. As a guideline, you might want to describe these things:

- What were you talking about?
- Who were you talking to?
- What did you say?
- What impact did it have?
- When did this happen?

Send your entry in English, French or Spanish to:

Facebook: <http://on.fb.me/17nIKZq>

Twitter: www.twitter.com using the hashtag #DemocracyDay

E-mail: contest@ipu.org with the subject line 'Democracy contest'

If you like, include a photo that illustrates what you did.

Deadline for entries is midnight 15 September 2013 UTC/GMT